



SUNSMART

Sample SunSmart Policy For Sporting Organisations

The health and wellbeing of our players/members/visitors and/or supporters (insert what is appropriate) is of primary concern for (Name of organisation/club).

..... (Name of organisation) acknowledges that skin cancer is a preventable disease and will use its best endeavours to reduce its members/players/visitors/spectators harmful exposure to ultraviolet radiation.

Where possible, (Name of organisation) will:

1. Maximise the use of natural shade provided from buildings, trees, and other structures. Where natural shade does not exist, consider providing temporary shade areas for use by officials/spectators/players etc and consider shade in any future developments.
2. Actively encourage all staff/players/officials/volunteers etc to routinely wear sun protective clothing, including shirts that have longer sleeves and a collar, wide-brimmed hats and sunglasses.
3. Explore opportunities to redesign existing uniforms to be more sun protective using the above example.
4. Actively encourage all staff, players, officials and volunteers to routinely use SPF30+ broad-spectrum sunscreen. Provide sunscreen for events where possible.
5. Promote sun safety through the club handbook, newsletters, and the website and over the public address system at events.
6. Actively encourage officials such as senior players and coaches acting as positive SunSmart role models.
7. Schedule activities and events to avoid some, if not all of the peak ultraviolet period (11am to 4pm daylight saving time) when ultraviolet radiation is most fierce
8. Advise all staff/players/officials/volunteers etc about the SunSmart Policy and encourage them to comply with it.

This SunSmart Policy will be reviewed annually to ensure that the document remains current and relevant.

Signed:

Signed:

Chairperson/CEO

Secretary

Date:

Date: